<u>HES.FIVETOWNS.NET</u> FEBRUARY 3, 2023

The Hawk's Eye

Weekly News from Hope Elementary School

Partners Enrichment



8th grade got to participate in African Drumming this week which was led by master drummer Jordan Benissan, a native of Togo, West Africa. Thank you to Partners for Enrichment for sponsoring the event!

BASKETBALL PLAYOFFS!

- Girls' game @ HES vs. St. George 3:45 Monday (2/6)
- Boys' game @ Searsport 3:45 Monday (2/6)



Upcoming Events for Your Calendar

Feb. 3rd - HES Family Movie Night (6-8PM) Please RSVP!

Feb. 6th - HES Volunteer meeting (6:30PM)

Feb. 9th - Parent/Teacher conferences for 8th grade

Feb. 13th - HES School Committee meeting (6PM) Zoom Link

Feb. 20th-24th - No School (Winter Break)

March 6th - HES Volunteer meeting (6:30PM)

March 13th - HES School Committee meeting (6PM) Zoom Link

March 15th - Staff vs. Student Basketball game

March 17th - No School (Teacher workshop day)

April 3rd - HES Volunteer meeting (6:30PM)

April 10th - HES School Committee meeting (6PM) Zoom Link

April 14th - Early Release @ 11:30AM for staff & students

April 17th - 21st - No School (Spring Break)

We have used three snow days so far this school year.



"Alone we can do so little. Together we can do so much."

~Helen Keller



HES Family Movie Night is TONIGHT, 6-8PM See page 2 for details!



Shoot-a-thon!

Help support the HES

8th grade's goal of raising \$1,800 for their class trip!



Hope Chess! Fridays 2-3PM in the yurt

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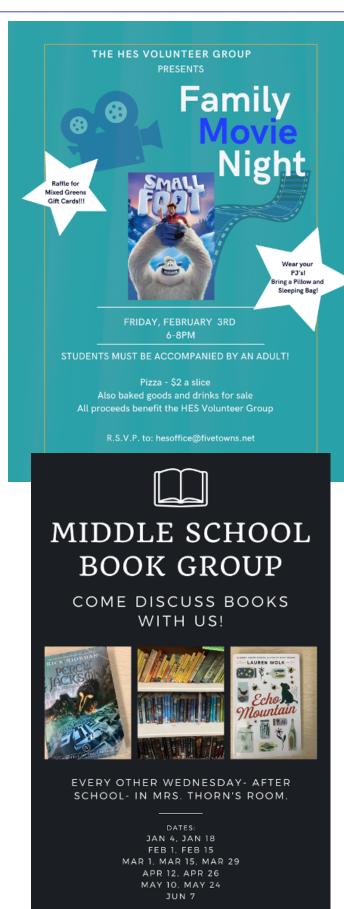
First Grade

Ask your children about this problem-solving game that they learned from Ms. Gluck.



First graders are researching birds. They are learning about using materials as sources and creating scientific drawings.





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Hope Elementary School Menu

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MONDAY	TUESDAY	WEDN	NESDAY	THURSDAY		FRIDAY	
30)	31	1		2		3
	Grilled Cheese w/Chips Fruit/Veggies/Milk		neese Rollup :h w/Chips	Pancakes & Sausage Fruit/Veggies/Milk		Cheese Pizza Fruit/Veggies/Milk	
	B: Muffins	B: Cer	real Bars	B: Fruit Salad		B: Muffins	
6	;	7	8		9		10
Beef Tacos Fruit/Veggies/Milk	Chicken & Broccoli Strom Fruit/Veggies/Milk		ggets & Fries ggies/Milk	Beef Chili Fruit/Veggies/Milk		Pepperoni Pizza Fruit/Veggies/Milk	
B: Cinnamon Rolls	B: Cereal	B: Yogu	rt Parfait	B: Cereal Bars		B: Muffins	
13	1	14	15		16		17
Crispy Chicken Sandwich Fruit/Veggies/Milk	Meatloaf & Mashed Potat Fruit/Veggies/Milk		gs w/Chips ggies/Milk	Macaroni & Cheese Fruit/Veggies/Milk		Cheese Pizza Fruit/Veggies/Milk	
B: Scones	B: Fruit Salad	В: С	Cereal	B: Muffins		B: Cereal Bars	
20)	21	22		23		24
NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK		CHOOL R BREAK	NO SCHOOL WINTER BREAK		NO SCHOOL WINTER BREAK	
27	•	28					
Spaghetti w/Meat Sauce Fruit/Veggies/Milk	Cheese Raviolis Fruit/Veggies/Milk						
B: Cereal	B: Muffins						

Student meals are free.
Milk without a meal is \$.40

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider.

Payments should be made payable to:
Hope Elementary School

https://kl2paymentcenter.com

PAGE GALLERY

Adult meal: \$4

February brings Page Gallery's third annual Youth Art Show. The gallery is offering free postcards at 23 Bay View Street in Camden with a prompt for children of all ages to create a piece of art using paint, pencil, crayon or collage to depict their favorite animal. Finished postcards can be dropped off or mailed to the gallery for installation throughout the month of February. Gallery visitors will be invited to participate in activities stationed throughout the exhibition including, on site community painting that borrows shapes and ideas from Matisse's paintings and cut outs, a weaving project on a loom and paper cutting activities. Puppet making supplies will be available as well and visitors are encouraged to put on plays in the gallery's puppet theater.

In collaboration with the Camden Public Library, the gallery will host two special events during the exhibition. The children's librarian, Miss Amy, will convene a special Saturday story time in the gallery on February 18th from 1:00 - 2:00 pm and will host a crafting session with Creative Art Afternoon kids in the gallery from 4:00 - 5:00 pm on Thursday, February 23rd. These programs are free and open to the public.



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Hello HES Community,

As we prepare for the dangerous drop in temperature, here are some precautions to consider this weekend to keep everyone toasty warm and safe.

- Cover up and limit time outside.
- Wear a hat to limit heat loss from the body.
- Cover your mouth to protect your lungs from extreme cold.
- Mittens, snug at the wrist, are warmer than gloves.
- Try to stay dry and out of the wind.
- Consider a kit for your car that includes warm clothes, blankets, boots, gloves, snacks, and water. Always let someone know your travel plans.
- Don't forget about your four legged family members! "If you're cold, they're cold."
- Be aware of the signs and symptoms of frostbite and hypothermia (uncontrollable shivering, memory loss, disorientation, slurred speech, drowsiness, or exhaustion). Go to a warm room and seek medical attention as needed.

Please see the following announcement from the DOE for further information.

Be well, Nurse Reagan

Given the frigid and dangerous temperatures expected in the coming days, the Maine Department of Education is sharing information from the Maine Emergency Management Agency (MEMA) on Warming Centers and other resources for families and communities.

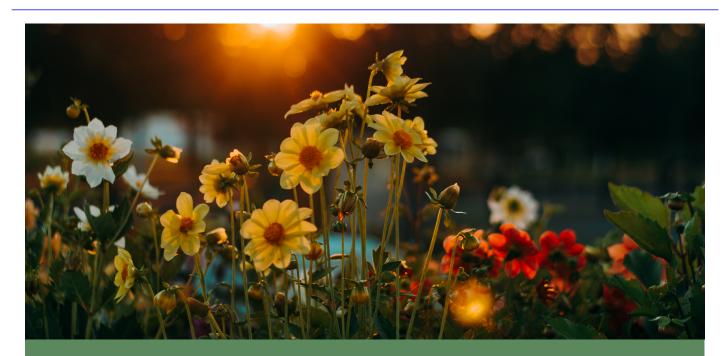
Warming and Charging Centers operated by local municipalities could open in communities across Maine. Visit <u>MEMA's website</u> to find a location in or near your community. You may also dial 2-1-1 or visit their website for a list of locations.



<u>Click here</u> for additional resources and information from MEMA on how to prepare for the extreme temperatures and safety tips, including information on preventing and dealing with frozen water pipes.

Families are encouraged to stay tuned to alerts and warnings through media or by downloading the free FEMA app on their smart phone, which provides targeted preparedness information, alerts, and warnings for specific areas. For more information on preparedness, visit and follow MEMA on <u>Facebook</u> or <u>Twitter</u>.

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HES FLOWER POWER FUNDRAISER

The Hope Elementary 8th grade class will be raising funds for their class trips, graduation and class gift for the school.

Please consider helping them to reach their goals while making your gardens beautiful at the same time! Order spring bulbs, seeds and berries all online.

All orders can be purchased online until April 14th and shipped directly to you for \$6.99 no matter how big or small your order!

https://www.flowerpowerfundraising.com/index.php/marketplace/seller/profile/shop/hes8thgrade